

# GET ALL THE ENERGY THAT'S IN YOU - BY NANO-TECHNOLOGY

## LifeWave Energy Patches

### Patch Placement

© [nano@balliel.com](mailto:nano@balliel.com)

The following provides you with detailed information as to placing the patches and the advantage of each placement point. Patch placement is very important to maximize the use of the patches. To optimize the work-out of the patches, an upload period of ~ 7 days is recommended, e.g. start for 48 hrs, 1 day off, 48 hrs, 1 day off and switch to continuous use.

#### Hot Spots for the Patches!

The patches near the **shoulders** are great for **aerobic** activity.

The patches on the inside of the **wrist** are good for **anaerobic** activities. For example, this is used by football players.

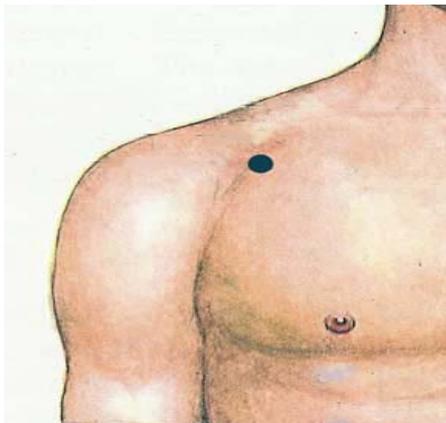
The patches below the **knee** are good for activities requiring **leg endurance**. For example, this would be a good spot for hockey players, basketball players, and golfers.

The patches near the **ankles** are great for **runners**.

Try each of the locations. See what works best for you for various activities.

#### Recommended Placement Sites

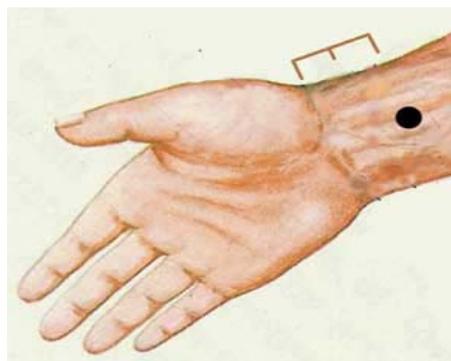
LifeWave Energy Patches respect the natural polarity of the body and of the energy field. The patches come in complementary pairs, one white and one tan. The **white** one is worn on the **right** and the **tan** one is worn on the **left**. (The spots are coloured only to help you see the correct locations for placement.)



#### Shoulder

**Location:** In the "corner" where the shoulder and collar bone come together.

**Properties:** Good general point for vitality because it pertains to the lungs, which affect oxygen, vitality, and breathing. This is a preferred spot for aerobic activity.

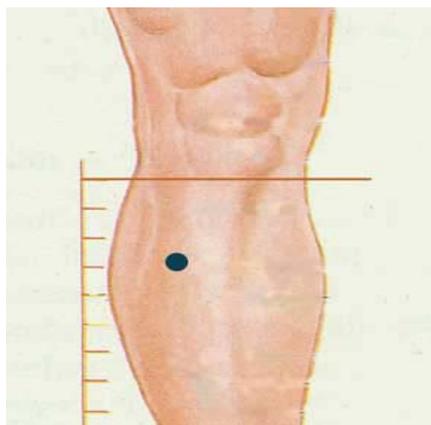


#### Wrist

**Location:** On the inside of the arm about 2 inches above the wrist.

**Properties:** Very powerful point especially for people working with their hands and arms. This is a preferred spot for sports such as football, weight lifting, and other strength sports.

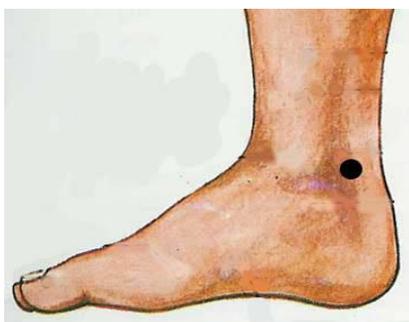
## Knee



**Location:** 3 thumb widths below the knee joint and about an inch to the outside of the shin bone.

**Properties:** The patches below the knee are good for activities requiring leg endurance. For example, this would be a good spot for hockey players, basketball players, golfers, cyclists, and people who are on their feet all day.

## Ankle



**Location:** This spot is on the inside of the ankle, above the ankle bone.

**Properties:** This spot is good for runners.

Medical device, class 1 (**FDA**-filed) as e.g. bandages / patches

***NOT on the banned substance list*** of

**USADA** - US Anti Doping Agency & **WADA** - World Anti Doping Agency

**FDA-GRAS listed** - **Generally Recognized as Safe by the FDA**

More info / test-results  
or for ordering a test-set of patches:

**Mr. W.M.R. Balliël - Health Consultant**  
( m-RN, NVAV, NVHV, reg-BIG-NL )

**Maastricht – The Netherlands - phone: ++31 62 50 78 555**

**[www.balliel.com/nano](http://www.balliel.com/nano) - [nano@balliel.com](mailto:nano@balliel.com)**

